

Application form for Junior Sailing Courses 2016

Please read the **Notes for Parents/Guardians before completing this form.**

To book please return the following:

1. Completed Application & Signed Declaration Form
2. Rush Sailing Club Code of conduct signed by both parent(s) and trainee.
3. A €50 non-refundable booking deposit (payment may be made by cheque payable to Rush Sailing Club or by direct lodgment to account number 932019 29724823 quoting your name).

Junior Sailor Information (Separate form for each Sailor please)

Name of Applicant: _____

Address: _____

Date of Birth: _____

Level: _____ Course Dates: _____

Previous Levels Passed: _____

Special Health and Educational needs: _____

Parent/Guardian Name: (2 Contacts Required in Case of Emergency)

1st Contact Name: _____ Phone No: _____

Email Address: _____

2nd Contact Name: _____ Phone No: _____

Email Address: _____

Signature of Parent/Guardian: _____

Any queries please email. Rushsclub@gmail.com

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Declaration: All applicants must complete section One and Two where applicable:

Part 1 Declaration to be signed by parent or guardian of applicant:

I apply to have my child(ren) entered for the Junior Sailing course 2016.

Please indicate swimming ability: Non-Swimmer Beginner Competent

I have read and understand the Notes for Parents and Trainees and understand my child(ren) will be a member for the duration of the course and while a member, will have access to use the Club boats according to the conditions set out by the Club.

I agree to waive any claim against Rush Sailing Club, its members, servants, and agents for all and any losses howsoever arising including the costs of any damage to my property, my child's property or any personal injury to me or my child or any other child who may be injured by the acts or default of my child arising from my child's participation in the course

I acknowledge the right of the sailing club and the course organisers to make all relevant decisions about matters relating to the sailing course including decisions affecting my child's ability to sail in any given set of circumstances. I acknowledge that it is a condition precedent of my child's participation on the course that he/she will, at all times, adhere to such direction as may be given to him / her by the course instructors and I acknowledge the entitlement of the sailing club and the course administrators and instructors to exclude my child from participation in any aspect of the course if it is deemed appropriate by them to so do.

I agree to pay for any damage caused to boats or equipment where my child was responsible for the damage caused.

I acknowledge that in the event of an insurance claim being necessitated as a consequence of the actions, accidental or otherwise, of my child, any excess not covered by the sailing club's policy of insurance will be discharged by me.

I understand video equipment may be employed as a coaching aid on the course. Any images, photographic or otherwise which may be created during the sailing courses on behalf of Rush Sailing Club are the sole property of the Club and may be used at their discretion.

Signed: _____ Name: _____ Date: _____

Part 2 (for all applicants with their own boat) Declaration to be signed by the parent or guardian of applicant

CLASS OF BOAT.....SAIL NUMBER.....BOAT NAME.....

I _____, the owner of the above named boat hereby declare that I have full and correct insurance, and that my policy includes cover for Third Party Claims for minimum of €2,000,000 and that I will renew said policy on the date due if it occurs during the sailing season.

I have been made aware, and have no objection to the boat being used under proper supervision, for the purpose of the course.

Signed: _____ Name: _____ Date: _____

Training 2016 Rush Sailing Club

Rush Sailing Club Junior Code of Conduct

As a junior sailor, participating in Club sailing and training at Rush Sailing Club, I understand that I am a valued member but, as I am not the only one, I will:

- Show respect for Club property and the property of others
- Show respect to fellow sailors, instructors and volunteers helping to run racing, sailing and events
- Ensure I am familiar with all club policies
- Obey all race officials and instructors' directions, event rules on and off the water and Club rules.
- Attend each day on time and participate fully
- Dress appropriately: i.e. wetsuits, booties, buoyancy aid and kag

I will never:

- Steal, use or remove any gear that does not belong to me.
- Break laws relating to alcohol, non-prescribed drugs and tobacco.
- Cheat, bully, spread rumours, name-call or exclude others.

As a Sailor I am entitled to:

- Participate on an equal basis.
- Be treated with dignity.
- Be happy, have fun and enjoy the Club both on the water and ashore.

I understand that if it is found that any junior has not followed the above guidelines the following actions may be pursued:

- A warning.
- Suspension from the course or other activities.
- Suspension from the Club.
- Parental Declaration:

We have read and discussed the RSC Code of Conduct and it is on this understanding that

..... (child(ren)'s names) will participate in training and sailing at RSC.

Signed..... (Parent/Guardian) (Date): _____

Parent's name in BLOCK apitals.....

Signed.....(child(ren))

Training 2016 Rush Sailing Club

Notes to Parents and trainees.

You will find below details on what is required of the children and their parents while on the Junior Sailing Course at Rush Sailing Club this summer.

Sailing gear: All trainees must provide their own wetsuit, dinghy boots, buoyancy aid (life jacket), waterproof spray top (kag) and warm dry clothing and footwear for use when on land. The club can provide a limited number of buoyancy aids to trainees.

Lunch: Please ensure you have plenty of lunch and water as sailing is exhausting and dehydrating. Parents are welcome to come to the club at lunch time.

Times: Each course runs from 9.30am to 5pm Monday to Friday. There will be days when weather conditions will prevent some or all trainees going on the water. This cannot be avoided and shore-based activities will be organised in lieu. All trainees are encouraged to use Club shower and changing facilities but should they feel uncomfortable, they may shower and change at home.

Medical issues or learning difficulties: It is imperative for the safety of your child, other trainees and instructors on the course that RSC is made aware of any issues your child may have. Any declaration will be treated in the strictest confidence and shared only on a 'need to know' basis.

Achievements: Emphasis in RSC is on having FUN in a SAFE and learning environment. The learning element refers to the attainment, at a consistent level, of skills required to achieve the relevant ISA level. Time on the water, and attention to instruction will achieve this at different rates depending on the trainees, their commitment and weather conditions. All trainees will be talked through their targets and achievements to date each week during the Junior Training Course.

In all cases, **time on the water**, outside of course hours will certainly reinforce learning and speed up skills acquisition. Club boats are available to members for Club sailing subject to skill level and wind conditions, when coaching may also be available.

On short courses or where trainees only attend a part of the course, weather conditions and time constraints may restrict the ability for instruction in all areas of the syllabus and hence skills acquisition.

It is RSC policy to only pass a trainee when they are ready to move onto the next level which will assume skills acquired in prior levels, demand more rigorous application of those skills in more challenging conditions in performance dinghies.

The ISA syllabus for the Small Boat Sailing Scheme (SBSS) is detailed on the ISA website.

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Presentation & Prize-giving: There will be a prize-giving presentation session from 4pm on the last day of the course. All trainees, regardless of attainment, should attend this fun afternoon and parents and siblings are welcome to join us in the Clubhouse.

Concerns: Should your child be having any issues at all in anticipation of or while on the course, please let us know as soon as you are made aware so that we may address their concerns early and ensure they are having fun.

Parental Participation: The courses cannot run without the support and aid of parents. You will be invited to attend a pre-launch meeting in advance of the start of the programme detailing the requirements and you are encouraged to attend. You are also welcome in the club to Try Sailing or to participate on one of the Adult Courses (see website) throughout the summer or just for a natter in the bar after sailing.

Sailing Experience:

- Start Sailing- No experience required
- Basic Skills- Trainee should have completed Start Sailing
- Improving Skills-It is unrealistic to expect sailors that have sailed since basic skills last summer to get through improving skills course. It cannot be expressed too strongly how important it is that sailors practice during scheduled Club Racing and dinghies are available by request for this purpose on a first come first served basis (refer website got boat rental terms & conditions).
- Advanced Boat Handling
 - Developing advanced skills in boat handling and tuning.
 - Go Racing- Introduction to dingy racing at club level. Preparation , rules, strategy, tactics, techniques and logged races at club and interclub regattas.
 - Kites and Wires- This course is for double handed dinghies using a spinnaker and trapeze.

Course and Membership applications are available from the website. All level 1 trainees must undergo a swimming test on the first day of the course.

Applications should be submitted by Friday the 18th March. Places are limited so please book early to avoid disappointment. Membership queries should be addressed to Rushsclub@gmail.com

We look forward to seeing you there.

Muriel Carthy,
Junior Organiser,

Brenda Mc Guinness,
Commodore