



Coaching Event

Rush Sailing Club

Participant Consent form

Date 8th September 2018

(i) Details of Sailor

Name	
Date of Birth	
Address	
Club	
email	
ITCA (IRL) member	(Y / N)

(ii) Dinghy Class and skill level

Sail Size number	(5.3 / 4.2)
Experience	

(iii) Emergency Contact

Name:	
Relationship:	
Phone	

Mobile	
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(iv) Alternative Emergency Contact:

Name:	
Relationship:	
Phone	
Mobile	

If different from previous section:

Mothers Name:		Contact Number(s)	
Fathers Name:		Contact Numbers(s):	

(v) Doctors Details

Doctors Name:		Work Number:	
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It is your responsibility to make known any potential medical conditions that may affect you during the activities associated with the programme/course. Please provide as many details as possible to be shared with the coaches at the event.

(vi) Medical Conditions and Fitness to Sail

Please provide details in the box below if you are currently taking medication, suffering/recovering from any injuries which may affect your involvement within the programme or have ever suffered from any of the following: **Asthma/bronchitis / Heart conditions / Fits, fainting or blackouts / Severe headaches / Diabetes / Travel sickness / Allergies to medication / Any other allergies (including food allergies) / Other illnesses or disabilities that may affect your safety both on and off the water.**

When did you last have a tetanus vaccination? Year

(vii) Insurance

I declare that during the training the boat sailed by my dependent will have a valid and current third party insurance of at least £2m/ €3m or the equivalent in another currency.

(viii) Risk Statement

It must be recognised that sailing is by its nature and unpredictable sport and therefore inherently involves an element of risk. By taking part in the coaching day, you agree and acknowledge that:

- (a) You are aware of the inherent element of risk involved in the sport and that you accept responsibility exposing yourself to such inherent risk whilst taking part in the coach day.
- (b) You will comply at all times with the instructions of the Open Day Co-Ordinator particularly with regard to handling of boats, wearing of buoyancy aids and the wearing of suitable clothing for the conditions.
- (c) You accept responsibility for any injury, damage or loss to the extent caused by your own negligence.
- (d) You will not participate in the coaching day if your ability to helm a dinghy is impaired by alcohol, drugs or whilst otherwise unfit to participate.
- (e) The provision of patrol boat cover is limited to such assistance, as can be practically provided in the circumstances.
- (f) You will be aware of any specific risks drawn to your attention by the Co-Ordinator

(ix) Photographic Images

Sailors taking part in the training session accord the Organisers the absolute right to use photographic images taken during the event.

(x) Consent

I, the parent/guardian of _____ give consent that he/she may take part in the Topper Race Coaching day. I confirm that I have read through the above conditions with him/her and that he/she understands and agrees with them. I also confirm that he/she takes part in the Coaching Day with my full agreement and that the particulars given above are correct and complete in all aspects.

I hereby give permission to the appointed supervisor to administer to the named person, any treatment or medication when or if necessary. In addition, if the situation arises, I authorise the appointed supervisor to take my son/daughter to hospital and give my full permission for any treatment required, to be carried out in accordance with the hospital's diagnosis. I understand that I shall be notified, as soon as possible, of the hospital visit and any treatment given by the hospital.

As a participant, _____ (Child's Name), will be an associate member of Rush Sailing Club for the duration of the programme.

Entry to the programme is conditional on my acceptance of the following declaration:

Declaration:

The course organiser or Rush Sailing Club shall not be liable for any loss, damage, death, or personal injury howsoever caused to a participant as a result of taking part in the training. The provision of safety equipment and boats by Rush Sailing Club is neither a guarantee that assistance can be rendered to any participant nor an acceptance of any responsibility for injury to the participant. (Child's Name) _____ will agree to operate under the direction and instruction of the coach(s) at all times.

<p><u>Signature (Parent/ Guardian)</u></p> <p><u>Name</u></p> <p><u>Signed</u></p>	<p><u>Date</u></p>
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(xi) Payment and return of form

The cost for the training event is €20. This is payable on the day.

The primary contact for this event is **Alan Ruigrok – mob 0872707847**

The completed form should be signed and brought on the day

- (1) Please inform **Alan Ruigrok** beforehand if you have had to fill in the box on Medical Conditions and Fitness to sail.
- (2) **If your child is travelling with another parent, please ensure that you have signed the form as another parent cannot sign on your behalf.**

(x) Last minute withdrawal from course

If the participant has to withdraw from the course within 7 days of its commencement, they will be asked to pay 50% of the course fee should a 'suitable' (in some cases it may require someone of a similar skill level due to the arrangement of groups) replacement not be found. Exceptional mitigating circumstances will be allowed for.